What is claimed is:

- 1. A safety hook comprising:
- a main shaft;
- a chain receiving portion disposed at a first end of said main shaft;
- a first bend disposed at a second end of said main shaft substantially vertically in-line with the chain receiving portion; and
- a second bend depending from said first bend that bends in substantially the opposite direction of the first bend, wherein said second bend has a terminal end that does not extend beyond said first bend.
- The safety hook of claim 1 wherein said main shaft, said first bend and said second bend are co-planar.
- 3. The safety hook of claim 1 wherein said first bend includes a first straight portion.
- 4. The safety hook of claim 3 wherein said first straight portion is substantially parallel to said main shaft.
- 5. The safety hook of claim 1 wherein said second bend includes a second straight portion.
- 6. The safety hook of claim 5 wherein said second straight portion is substantially parallel to said main shaft.
- 7. The safety hook of claim 4 wherein said second bend includes a straight portion.

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- 8. The safety hook of claim 7 wherein said second straight portion is substantially parallel to said main shaft and substantially parallel to said first straight portion.
- 9. The safety hook of claim 7 wherein said second straight portion extends toward the main shaft in a non-parallel relationship.
- 10. The safety hook of claim 1 wherein the main shaft, first bend and second bend are integrally formed.
 - 11. A safety hook comprising:
 - a main shaft;
- a chain receiving portion disposed at a first end of said main shaft;
- a first bend disposed at a second end of said main shaft and substantially vertically in-line with the chain receiving portion; and
- a second bend depending from said first bend that bends in substantially the opposite direction of the first bend;

wherein said second bend, said chain receiving portion, said first bend and said second bend are coplanar.

- 12. A safety hook comprising:
- a main shaft;
- a chain receiving portion disposed at a first end of said main shaft;
- a first bend disposed at a second end of said main shaft substantially vertically in-line with the chain receiving portion; and

- a second bend depending from said first bend that bends in substantially the opposite direction of the first bend.
 - 13. A safety hook comprising:
 - a main shaft;
- a chain receiving portion disposed at a first end of said main shaft:
- a first bend disposed at a second end of said main shaft substantially vertically in-line with the chain receiving portion, the first bend having a first straight portion substantially parallel to said main shaft; and
- a second bend depending from said first straight portion and bending in substantially the opposite direction of the first bend, wherein said second bend has a second straight portion substantially parallel to said main shaft.
- 14. A security hook for coupling a trailer to a towing vehicle using a chain, the chain being engaged with the trailer, the towing vehicle having a platform with a hole therein, the security hook comprising:
 - a main shaft having a first end and second end;
- a chain receiving portion extending from the first end of the main shaft and dimensioned to receive the chain; and
- a U-shaped hook extending from the second end of the main shaft and positioned to extend toward the same side of the main shaft as the chain receiving portion, the U-shaped hook dimensioned to engage the hole in the towing vehicle platform.
- 15. The security hook of claim 14, further comprising a second hook having a first end and a second end, wherein

the first end of the second hook is attached to the U-shaped hook, and wherein in an installed configuration, the second end of the second hook contacts an underside of te towing vehicle platform.

16. A method for hooking two devices together, the first device having an opening and an undersurface, the second device having an opening, the method comprising the steps of:

providing a hook having a first U-shaped element and a second U-shaped element in-line with each other, the second U-shaped element having a free end,

hooking the second U-shaped element through the opening of the first device,

hooking the first U-shaped element through the opening of the second device, and

positioning the free end of the second U-shaped element adjacent the undersurface.

17. A method of making a security hook, comprising the steps of:

providing a straight bar having a first end and a second end;

bending the first end of the straight bar to form a chain receiving portion;

bending the second end of the straight bar in a first direction to form a first bend;

bending the second end of the straight bar in a second direction to form a second bend, wherein the second direction is substantially opposite to the first direction, and wherein the first bend and the chain receiving portion are substantially in-line with each other.

- 18. The safety hook of claim 1 wherein the main shaft includes a protrusion formed thereon.
- 19. The safety hook of claim 18 wherein the protrusion has an end, and wherein the end of the protrusion is wider than the main shaft.
- 20. The safety hook of claim 1 wherein said chain receiving portion includes a notch formed therein.
- 21. The safety hook of claim 20 wherein said chain receiving portion includes an arm, and wherein said arm forms from an open position to a closed position at said notch.
- 22. The safety hook of claim 21 wherein the main shaft includes a protrusion formed thereon.
- 23. The security hook of claim 14 wherein the main shaft includes a protrusion formed thereon.
- 24. The security hook of claim 14 wherein said chain receiving portion includes a notch formed therein.
- 25. A method of securing a safety hook on a chain, the method comprising the steps of:
 - a) defining a notch in the safety hook,
- b) placing the chain on a chain receiving portion of the safety hook, and
- c) forming an arm portion of the chain receiving portion from an open position to a closed position, wherein the arm portion bends at said notch.

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26. The method of claim 25 further comprising the step of providing a protrusion on the safety hook, wherein the chain receiving portion and protrusion cooperate to prevent the chain from coming off of the chain receiving portion.

27. A security hook comprising:

- a shaft having a first and a second opposing ends;
- a chain receiving portion disposed on the first end of the shaft, the chain receiving portion having an arm and configured to receive a chain therein;
- a bend disposed on the second end of the shaft; and a first blocking member protruding from the shaft toward the arm of the chain receiving portion.
- 28. The security hook of claim 27 wherein the first blocking member is tapered.
- 29. The security hook of claim 27 wherein the arm of the chain receiving portion is tapered.
- 30. The security hook of claim 27, further comprising a second blocking member extending from the chain receiving portion.
- 32. The security hook of claim 30 wherein the second blocking member is in a facing relationship with the first blocking member.
 - 33. A security hook, comprising:
 a shaft having a first and a second opposing ends;

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- a chain receiving portion disposed on the first end of the shaft, the chain receiving portion having an arm and configured to receive a chain therein;
 - a bend disposed on the second end of the shaft; and
- a first blocking means for blocking the path of the chain protruding from the shaft toward the arm of the chain receiving portion.
- 34. The security hook of claim 33, further comprising a second blocking means for blocking the path of the chain extending from the chain receiving portion.